



**Designed to inspire
a life in motion.**

Every aspect of our fitness equipment is made to mirror human movement – fluid, natural and familiar. Intuitive engineering and thoughtfully designed products offer invigorating workouts that help you achieve your goals – whether you strive to lose a few pounds, increase your energy to keep up with the kids, or to prepare for an upcoming race. No matter what your goal, Precor inspires a life in motion.

Easy to use.

Precor products are designed with intuitive displays and simple programs that make it easy to get on and get moving.

Designed for your home.

Precor low-impact treadmills offer the benefits of a top-quality workout with design that fits naturally in your home.

Committed to excellence.

For over 25 years Precor has been a leader in the fitness industry, delivering breakthrough innovations and premium quality products for the home and club.

Designed to inspire a life in motion.

9.23

Low-impact Treadmill

Product Specifications

Length	81 in (206 cm)
Width	31 in (79 cm)
Height	54 in (137 cm)
Step-up Height	7.5 in (19.05 cm)
Weight	227 lbs (103 kg)
Shipping Weight	280 lbs (127 kg)
Belt	20 in x 57 in (51 cm x 145 cm)
Motor	3.0 hp continuous duty
Power (US & Canada)	120 VAC (50/60 Hz)
Speed	0.5-12 mph (0-20 kph)
Incline	0% to 15% incline
Frame	Powder-coated steel
Regulatory Approvals	CSA 22.2 No. 335

Features

- QuickStart™ •
- SmartRate® •
- Touch Heart Rate •

Programs

Fun Run	1
Hill Climb	1
Interval	1
Manual	1
Walk	1
Weight Loss	1
Total Programs	6

Electronic Readouts

- Calories •
- Distance •
- Heart Rate •
- Incline •
- Pace •
- Profile •
- SmartRate® •
- Speed •
- Time •

The 9.23 Low-impact Treadmill

Our entry-level low-impact treadmill includes all the basic features to help you achieve your fitness goals. A simple, intuitive interface lets you jump-start your workout with up to six programs to add variety and keep you motivated to get the most from your active lifestyle.

- 1 Add variety with up to six programs.**
An integrated mix of speed, incline and program options offer variety to your workouts – ranging from interval training to weight-loss. Choose routines that focus on heart rate, hill climb, a 5k track and more. Mix it up to stay motivated and reach your fitness goals.
- 2 Designed with your home in mind.**
Smooth lines and a subtle color palette allow the 9.23 treadmill to complement your home décor and suit your lifestyle. The low step-up height and small footprint allow it to fit naturally in your home.
- 3 Track your target heart rate for fitness results.**
SmartRate® offers instant display of your actual heart rate and keeps you in your target zone for improved cardio training and weight-loss results.
- 4 Intuitive console is easy to read and adjust.**
Access QuickStart™ and programs at the touch of a button. The backlit LCD display shows your heart rate, calories burned and time/duration of exercise – to help you get the most from your workout.
- 5 Made to move as you do.**
All Precor products are made to mimic natural, human movement. That means you get a more comfortable, productive workout every time.



PRECOR USA
move beyond®