



9.31 Treadmill

Our 9.3x series premium treadmills are engineered with patented Ground Effects® and Integrated Footplant™ technologies that support your natural stride, while reducing body impact, creating a lively, responsive platform on which to walk and run.

Features

Deck and Belt	<ul style="list-style-type: none"> Patented Ground Effects® Impact Control System provides extra deck cushioning for your heel strike at the front, while the rear of the deck becomes firmer where you push off, absorbing impact up to 38% more than other treadmills. Patented Integrated Footplant™ Technology complements your natural stride by instantaneously reducing belt speed for a microsecond as your foot contacts the belt, creating a more natural feel. Phenolic laminated deck bonded to 1-inch (2.54 cm) medium density fiberboard. Deck can be flipped to the other side for double life. Dry silicone belt lubrication system requires no maintenance. Precision machined steel crowned drive and take up rollers keep belt centered and running smoothly to reduce noise and wear. The running belt is 22 inches wide x 56 inches long (56 cm x 142 cm), multi-ply, polyester satin weave with a PVC non-slip surface. The step-up height is 7.5 inches (19 cm)
Heart Rate	<ul style="list-style-type: none"> The 9.31 features telemetry (wireless) heart rate. Chest strap transmitter is included. Telemetry (wireless) heart rate works with any Polar® brand compatible 5 kilohertz chest strap. SmartRate® offers instant display of your heart rate to help you stay in your fat burn, cardio or peak target zone for a more efficient workout.
Programs	<ul style="list-style-type: none"> 8 pre-set programs – Manual, Interval, 1 Mile, 5K, 10K, Random, Weight Loss, Heart Rate.
Console	<ul style="list-style-type: none"> Readouts – Calories, Distance, Heart Rate, Incline, Pace, Profile, SmartRate, Speed, Time Elapsed, Time Remaining. Workout Summary displays details including % Complete, Average Heart Rate, Average Speed, Maximum Heart Rate, Target Heart Rate, Time and Time in Zone. Options menu offers wide choice of metrics, user defined languages and user defined units of measure. Ability to set weight and age. QuickStart™ for user convenience lets user begin workout with the push of a single button. Quick keys provide easy access for adjustment of speed and incline. Bio-feedback center with SmartRate® provides dedicated feedback on heart rate and calories. LCD backlit display is easy-to-read and use.
Speed and Incline	<ul style="list-style-type: none"> Speed – 0 to 12 mph (0 to 20 kph). Incline – 0% to 15% incline grade.
Frame and Lift	<ul style="list-style-type: none"> Structural frame components are fully welded, not bolted together.

	<ul style="list-style-type: none"> • Powder-coated frame for added durability and attractive appearance. • Lift unit generates up to 1000 lbs. (453.5 kg) of thrust. • Lift actuator screw threads are covered at low incline to prevent dust collection, extending the life of the lift mechanism.
Drive System	<ul style="list-style-type: none"> • 3.0 hp continuous-duty DC motor runs cool and quiet, providing substantial power and torque at all speeds. • The integrated fan on the motor aids cooling. • Slotted optical speed sensor with injection molded switch wheel guarantee exact sensor readings.
Other Features	<ul style="list-style-type: none"> • Storage – Two accessory holders for water bottle(s) and music player. • Reading rack – An integrated reading rack secures a variety of book and magazine sizes. • Magnetic safety clip, when detached, immediately turns off power, bringing treadmill to a gentle stop. • Ability to password protect to help prevent unintended use. • Shorter arms for freedom of movement. • Power is 120 VAC (50/60 Hz), 12a, 1175W. • For outlet – Dedicated 120v/15a circuit (minimum) with 5-15R NEMA receptacle. • Regulatory Approvals – FCC, ETL, CE • Tested to 350 lb. (158.75 kg) user weight.
Warranty	<ul style="list-style-type: none"> • Within the USA and Canada, lifetime frame and welds, 10 years parts and wear items, 1 year labor. Warranties outside the United States and Canada may vary. Please contact your local dealer for details.

Measurements

9.31 Treadmill	
Length	79 inches (204 cm)
Width	34 inches (86 cm)
Height	56 inches (142 cm)
Deck Height above floor	7.5 inches (19 cm)
Weight	335 lbs. (152 kg)
Shipping Weight	400 lbs. (182 kg)

	9.35	9.33	9.31	9.27	9.23
Deck Cushioning	Ground Effects®	Ground Effects®	Ground Effects®	Multi-Zone	Multi-Zone
Integrated Footplant™	Yes	Yes	Yes	No	no
Heart Rate	Touch and Telemetry (Wireless) Chest strap included	Touch and Telemetry (Wireless) Chest strap included	Telemetry (Wireless) Chest strap included	Touch and Telemetry (Wireless) Chest strap included	Touch only
Decline/Incline	-2% to 15%	0% to 15%	0% to 15%	0% to 15%	0% to 15%
Speed	0 to 12 mph 0 – 20 kph	0 to 12 mph 0 – 20 kph	0 to 12 mph 0 – 20 kph	0 to 12 mph 0 – 20 kph	0 to 12 mph 0 – 20 kph
Programs	23	16	8	10	6
User ID	4 Pacer, Workout log	2	0	2	0
Color	Warm brown	Warm brown	Warm brown	Warm brown	Warm brown
Arms	Full length	Full length	Short length	Full length	Short length
Size (L x W x H)	79" x 34" x 56" 204cm x 86cm x 142cm	79" x 34" x 56" 204cm x 86cm x 142cm	79" x 34" x 56" 204cm x 86cm x 142cm	81" x 31" x 54" 206cm x 79cm x 137cm	81" x 31" x 54" 206cm x 79cm x 137cm
Weight	335 lbs 152 kg	335 lbs 152 kg	335 lbs 152 kg	238 lbs 108 kg	227 lbs 103 kg
Power	120 volt 240 volt outside USA	120 volt 240 volt outside USA	120 volt	120 volt	120 volt

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