



## TRM 731 Interval Treadmill EXPERIENCE™ SERIES

The TRM 731 Interval Treadmill combines essential reliability and performance with an intuitive console at a value just right for you. This treadmill offers operators the ability to conduct small group interval training on treadmills, while providing a comfortable and effective workout for your exercisers. Whether instructor led or on their own, the exerciser can dynamically adapt their interval workout, making it fun and engaging. The simple, clean design holds up under heavy commercial use, ensuring your investment will last into the future.

The P30i Interval Console complements the 700 Line Treadmill with an easy-to-use, one touch speed and incline keys that allow exercisers to get on and go with no setup.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services, and technologies we offer can be combined in countless ways to complement the programs and atmosphere that you're creating.

Learn More: [go.precor.com/intervaltreadmill](https://go.precor.com/intervaltreadmill)

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# TRM 731 Interval Treadmill

EXPERIENCE™ SERIES

## Product Features

### 1. P30i Interval Console

The simple, easy-to-use P30i Interval Console supports a get-on-and-go experience that gives operators the ability to offer group interval training on the 700 Line Treadmill. At any time during the workout, the exerciser can change the interval intensity using one-touch speed and incline keys. For added convenience, there are three interval settings that allow the exerciser to quickly program and save low, medium, and high intensity interval levels. Once saved, the exerciser simply presses one of the three interval keys to transition to the saved speed and incline level.

### 2. Integrated Footplant Technology™

Integrated Footplant Technology recognizes the exerciser's natural foot speeds and matches every stride for an ultra-smooth feel that enhances the workout experience.

### 3. Ground Effects® Impact Control System

Our patented system combines ideal cushioning, support, and stability for exercisers. Precor treadmill decks are designed to provide more absorption in the front, where the exerciser's feet hit the belt, and added rigidity at the back for a firm push off.

### 4. Active Status Light

To increase uptime, an external status light lets you and your staff know, at a glance, the operating condition of your treadmill and when to perform life-extending maintenance.



## SPECIFICATIONS

<b>Dimensions (L x W x H):</b>	83 x 35 x 62 in / 211 x 89 x 157.5 cm
<b>Equipment Weight:</b>	405 lb / 184 kg
<b>Step-Up Height:</b>	9.5 in / 24 cm
<b>Handrail Length:</b>	18 in / 46 cm
<b>Running Surface:</b>	60 x 22 in / 153 x 56 cm
<b>Speed Range:</b>	0.5 - 12 mph / 0.8 - 19.3 km/h
<b>Incline Range:</b>	0% to 15% incline in 0.5% increments
<b>Interval Settings:</b>	3
<b>Language:</b>	English
<b>Power:</b>	North America - 120 volt, 20 amp dedicated circuit with 5-20 NEMA receptacle; North America - 220/240 volt, 20 amp dedicated circuit with 6-20 NEMA receptacle; International - 240 VAC IEC 320-C19 inlet supporting applicable country specific power cord
<b>Warranty:</b>	Visit <a href="http://www.precor.com">www.precor.com</a> for warranty terms.

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