TRAINING APPS
Training Apps are training tools that enhance suspension fitness exercises. They quickly attach to Queenax™ and can accommodate activities with multiple people training simultaneously.

OPTIONALS
Optionals are additional features or single activity stations that can be applied to the Queenax frame.
TRAINING APPS

Training Apps are accessories that attach to the Training Bars, such as suspension fitness training systems. They quickly attach to Queenax and can accommodate activities with multiple people training simultaneously.
SUPERFUNCTIONAL

QX 611
Superfunctional
Includes: 2 Straps with 9 numbered loops each and 1 Rubber-Coated Bar
Quantity: 1 KIT
UFO BOARD & BRACKET KIT

QX 22100
UFO Board + Bracket Kit
Includes: UFO Board, UFO Bracket Kit, 4 Superfunctional Straps, 4 Carabiners and Hand Pump
Quantity: 1 KIT
SUSPENSION FITNESS - TRAINING APPS

**QX 621**
CrossCore®

**QX 22102**
TRX® Commercial Suspension Trainer

**QX 619**
AntiGravity® Hammock Kit

**QX 612**
Suspension Rings
Quantity: 1 PAIR

**QX 612**
Suspension Rings
Quantity: 1 PAIR

**QX 617**
Suspension ABS Kit
SUSPENSION FITNESS - TRAINING AIDS

- QX 22104: Stairs Rope 3M
- QX 22105: Stairs Rope 4M
- QX 22106: Climbing Net 3M
- QX 22107: Climbing Net 4M
- QX 22108: Climbing Rope 3M
- QX 22109: Climbing Rope 4M
QX 278
Multi Training Pole

QX 614
Up Strength
Quantity: 1 PAIR
STROOPS®
QUEENAX PACKAGE

QX 623
Stroops® Queenax Package

Includes:

• 1 VITL Kit (4 36 in. / 91.44 cm Slastix, 2 Foot Straps, 2 Contour Handles, 1 Universal Swivel Belt, 2 Cloth Anchors, 5 Dots, 1 Cinch Bag)
• 1 Fit Stik Pro Bar
• 1 Deluxe Padded Slastix Loop
• 1 Son of the Beast Slastix (2 10 ft / 304.8 cm)
• 1 Power Pull Belt
• 4 9mm Carabiners
• 1 pair of Punch Cuffs

Training tools that enhance suspended bodyweight exercises
Queenax Stroops Performance Kit

It is highly recommended to have the Stoops Queenax Package in order to fully optimize the Performance kit.

Includes:

- 1 Roll Out Ladder
- 1 H Harness
- 1 Mini Fat Bar
QX 610
Strong++
Includes: 1 attachment system with elastic systems of three intensities (light, medium, strong), 3 carabiners and 3 handles

QX 22097
TRX® RIP Trainer

QX 279
RIP Trainer Adaptor
Requires 1 Multi Training Pole
PERFORMANCE TRAINING APPS
Enable functional exercise movements

QX 622
revvii PRO® Rope Trainer
COMBAT TRAINING APPS

Allow for boxing, kickboxing, and mixed-martial arts training exercises

QX 22118
Punching Bag 30 KG / 100 CM
Weight: 66 lb / 30 kg

QX 25126
Punching Bag 60 KG / 180 CM
Weight: 132 lb / 60 kg
TRAINING APP ACCESSORIES
Enhance the functional capabilities of Training Apps

QX 22098
Handle Extension
Quantity: 1 PAIR

QX 602
Carabiners
Quantity: 1 PAIR

QX 601
Functional Handle
Quantity: 1 PAIR

QX 603
Functional Ankle
Quantity: 1 PAIR
OPTIONALS

Optionals are additional features or single-activity stations that can be applied to the Queenax configuration.
FRAME OPTIONALS
Frame elements that enhance structure, function, and storage

QX 301
Combi Storage 1

QX 302
Combi Storage 2

QX 301
Combi Storage 3

QX 306
Wall Bar Kit (BAR 125)

QX 22210
Stairs Attack

QX 22012
Vertical Bar
QX 22003
Mini Wall Bar 25 Kit
Quantity: 1 PAIR

QX 22007
Mini Wall Bar 35 Kit
Quantity: 1 PAIR

QX 22011
Mini Wall Bar 45 Kit
Quantity: 1 PAIR
BEAM OPTIONALS
Elements that use beams to enhance overall functionality

QX 260
Elevation Set

QX 22013
External Training Bar

QX 262
Plyo Bars Jump 300

QX 263
Plyo Bars Jump 450

QX 266
Pull Up Bar 175

QX 267
Curved Bar 175
QX 268
Mobile Chin Up Bar 175

QX 22015
Fix Chin Up Bar 175

QX 22017
Plyo Bars Jump 125

QX 269
Double Pull Bars

QX 270
3 M Horizontal Bars 335

QX 271
Universal Anchoring 35
QX 22018
Boxing Line 200

QX 22019
Boxing Line 300

QX 22148
Boxing Shelf
Not included: Punching Bag

QX 22149
Removable Training Bar

QX 274
Accessories Plate Premium

QX 700
Kart & Stop
Quantity: 1 SET
QX 276
Top Rack
BEAM KIT OPTIONALS
Fixed external frame kits available in a range of pre-configured lengths for increased functional exercise opportunities on Formats and Bridges

QX 170
Monkey Bar & Rack 400

QX 196
Pull Up & Ball Rack 400

QX 209
Pull Up & Rack 400

QX 222
Pull Up Kit & Boxing Line 400
Not included: Punching Bag

QX 235
Boxing Line 400
Not included: Punching Bag

QX 248
Central Boxing Line Kit 400
Not included: Punching Bag
BEAM KIT 500 - OPTIONALS

QX 171
Monkey Bar & Rack 500

QX 197
Pull Up & Ball Rack 500

QX 210
Pull Up & Rack 500

QX 223
Pull Up Kit & Boxing Line 500
Not included: Punching Bag

QX 236
Boxing Line 500
Not included: Punching Bag

QX 249
Central Boxing Line Kit 500
Not included: Punching Bag
QX 172
Monkey Bar & Rack 600

QX 198
Pull Up & Ball Rack 600

QX 237
Boxing Line 600
Not included: Punching Bag

QX 211
Pull Up & Rack 600

QX 224
Pull Up Kit & Boxing Line 600
Not included: Punching Bag

QX 250
Central Boxing Line Kit 600
Not included: Punching Bag
BEAM KIT 700 - OPTIONALS

QX 173
Monkey Bar & Rack 700

QX 199
Pull Up & Ball Rack 700

QX 212
Pull Up & Rack 700

QX 225
Pull Up Kit & Boxing Line 700
Not included: Punching Bag

QX 238
Boxing Line 700
Not included: Punching Bag

QX 251
Central Boxing Line Kit 700
Not included: Punching Bag
BEAM KIT 800 - OPTIONALS

QX 169
Monkey Bar & Rack 800

QX 195
Pull Up & Ball Rack 800

QX 208
Pull Up & Rack 800

QX 221
Pull Up Kit & Boxing Line 800
   Not included: Punching Bag

QX 234
Boxing Line 800
   Not included: Punching Bag

QX 247
Central Boxing Line Kit 800
   Not included: Punching Bag
QX 174
Monkey Bar & Rack 900

QX 200
Pull Up & Ball Rack 900

QX 213
Pull Up & Rack 900

QX 226
Pull Up Kit & Boxing Line 900
Not included: Punching Bag

QX 239
Boxing Line 900
Not included: Punching Bag

QX 252
Central Boxing Line Kit 900
Not included: Punching Bag
BEAM KIT 1000 - OPTIONALS

QX 175
Monkey Bar & Rack 1000

QX 201
Pull Up & Ball Rack 1000

QX 214
Pull Up & Rack 1000

QX 227
Pull Up Kit & Boxing Line 1000
Not included: Punching Bag

QX 240
Boxing Line 1000
Not included: Punching Bag

QX 253
Central Boxing Line Kit 1000
Not included: Punching Bag
QX 176
Monkey Bar & Rack 1100

QX 202
Pull Up & Ball Rack 1100

QX 215
Pull Up & Rack 1100

QX 228
Pull Up Kit & Boxing Line 1100
Not included: Punching Bag

QX 241
Boxing Line 1100
Not included: Punching Bag

QX 254
Central Boxing Line Kit 1100
Not included: Punching Bag
**BEAM KIT 1200 - OPTIONALS**

- **QX 177**
  - Monkey Bar & Rack 1200
- **QX 229**
  - Pull Up Kit & Boxing Line 1200
  - Not included: Punching Bag
- **QX 203**
  - Pull Up & Ball Rack 1200
- **QX 242**
  - Boxing Line 1200
  - Not included: Punching Bag
- **QX 216**
  - Pull Up & Rack 1200
- **QX 255**
  - Central Boxing Line Kit 1200
  - Not included: Punching Bag
BEAM KIT 1300 - OPTIONALS

QX 178
Monkey Bar & Rack 1300

QX 204
Pull Up & Ball Rack 1300

QX 217
Pull Up & Rack 1300

QX 230
Pull Up Kit & Boxing Line 1300
Not included: Punching Bag

QX 243
Boxing Line 1300
Not included: Punching Bag

QX 256
Central Boxing Line Kit 1300
Not included: Punching Bag
QX 179
Monkey Bar & Rack 1400

QX 205
Pull Up & Ball Rack 1400

QX 218
Pull Up & Rack 1400

QX 231
Pull Up Kit & Boxing Line 1400
Not included: Punching Bag

QX 244
Boxing Line 1400
Not included: Punching Bag

QX 257
Central Boxing Line Kit 1400
Not included: Punching Bag
BEAM KIT 1500 - OPTIONALS

QX 180
Monkey Bar & Rack 1500

QX 206
Pull Up & Ball Rack 1500

QX 219
Pull Up & Rack 1500

QX 232
Pull Up Kit & Boxing Line 1500
Not included: Punching Bag

QX 245
Boxing Line 1500
Not included: Punching Bag

QX 258
Central Boxing Line Kit 1500
Not included: Punching Bag
**BEAM KIT 1600 - OPTIONALS**

- **QX 181**
  Monkey Bar & Rack 1600

- **QX 207**
  Pull Up & Ball Rack 1600

- **QX 220**
  Pull Up & Rack 1600

- **QX 233**
  Pull Up Kit & Boxing Line 1600  
  Not included: Punching Bag

- **QX 246**
  Boxing Line 1600  
  Not included: Punching Bag

- **QX 259**
  Central Boxing Line Kit 1600  
  Not included: Punching Bag
LATERAL STORAGE OPTIONALS
Removable accessory storage that extends laterally off of a Queenax configuration and attaches to Mini Wall Bars

- **QX 333** Lateral Dumbbell Shelf
- **QX 334** Lateral Disc Shelf
- **QX 335** Lateral Universal Shelf
- **QX 336** Lateral Mat & Bar Shelf
- **QX 22162** Lateral Mat Shelf
- **QX 22134** Lateral Bar Rack
LATERAL STORAGE - OPTIONALS

QX 22135 Lateral Bag Shelf

QX 22136 Lateral VIPR & Roller Shelf

QX 22137 Lateral Bulgarian Bag & Ball Shelf
VERTICAL STORAGE OPTIONALS
Removable accessory storage that can be attached vertically to Mini Wall Bars or Wall Bars

QX 323
Vertical Dumbbell Shelf

QX 324
Vertical Disc Shelf

QX 325
Vertical Olympic Bar Shelf

QX 326
Vertical Universal Shelf

QX 22138
Vertical Bulgarian Bag & Bar Shelf
HORIZONTAL STORAGE OPTIONALS
Removable accessory storage that attaches horizontally to the Wall Bars

QX 327
Horizontal Dumbbell Shelf

QX 328
Horizontal Disc Shelf

QX 329
Horizontal Universal Shelf

QX 332
Horizontal Bag Shelf

QX 22139
Horizontal VIPR & Roller Shelf

QX 330
Horizontal Mat Shelf
QX 22140
Horizontal Mat & Bar Shelf

QX 22142
Horizontal Bulgarian Bag & Ball Shelf

QX 22141
Horizontal Dynamax Shelf

QX 2246
Horizontal Ball Rack
BLACK BOX STORAGE OPTIONALS

Storage boxes that are attached to the Queenax configuration for accessory items

QX 22143
Black Box 62.5

QX 22144
Black Box 125
FUNCTIONAL OPTIONALS
Can be fixed or removable and enhance functional capability for individual exercises

QX 22174
Flexibility Bar

QX 22170
Mobile Parallels
Quantity: 1 PAIR

QX 22259
Fixed Parallels

QX 316
Parallels 300 Up & Down

QX 317
Rebounder

QX 22169
Plyometric Platform
QX 319
Torso Trainer

QX 22079
Olympic Bar

QX 320
Olympic Rack

QX 22147
Abdominal Bench

QX 22133
Battle Rope

- Diameter: 1.5 in / 3.8 cm
- Length: 39 ft 5 in / 1202 cm
- Weight: 22.5 lb / 10.20 kg
Get more Queenax functional training information: www.precor.com/queenax